



PodPack

Allergy Season

Season 1, Episode 31

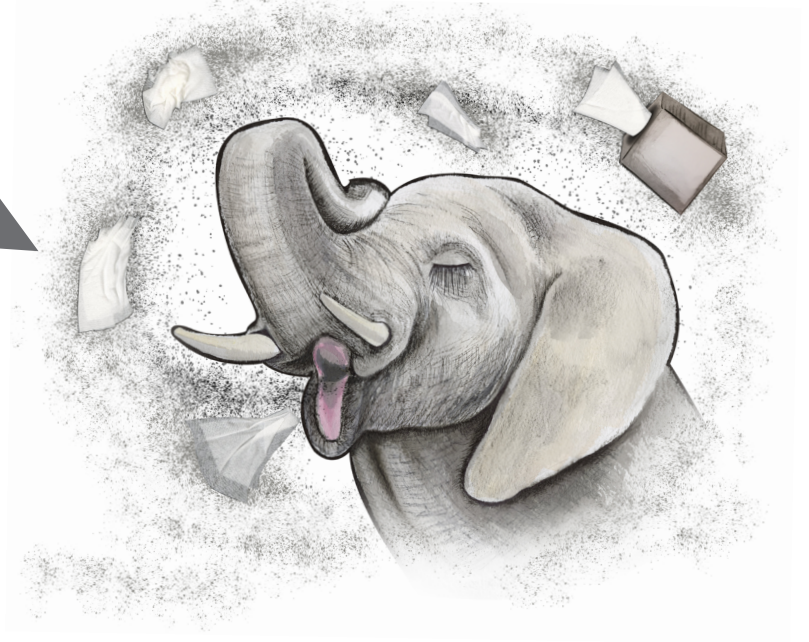
Poems & Activities: *Little Dazzy Donuts*

Illustrations: *Dot Cherch*

June 2020

Allergy Season

Welcome to the
Kids' Poetry Club
PodPack on
**Allergy
Season**



Every episode of *Kids' Poetry Club* comes with a free PodPack of activities based on that week's poems.

Just download it from kidspoetryclub.com, print it out, and join in the fun!

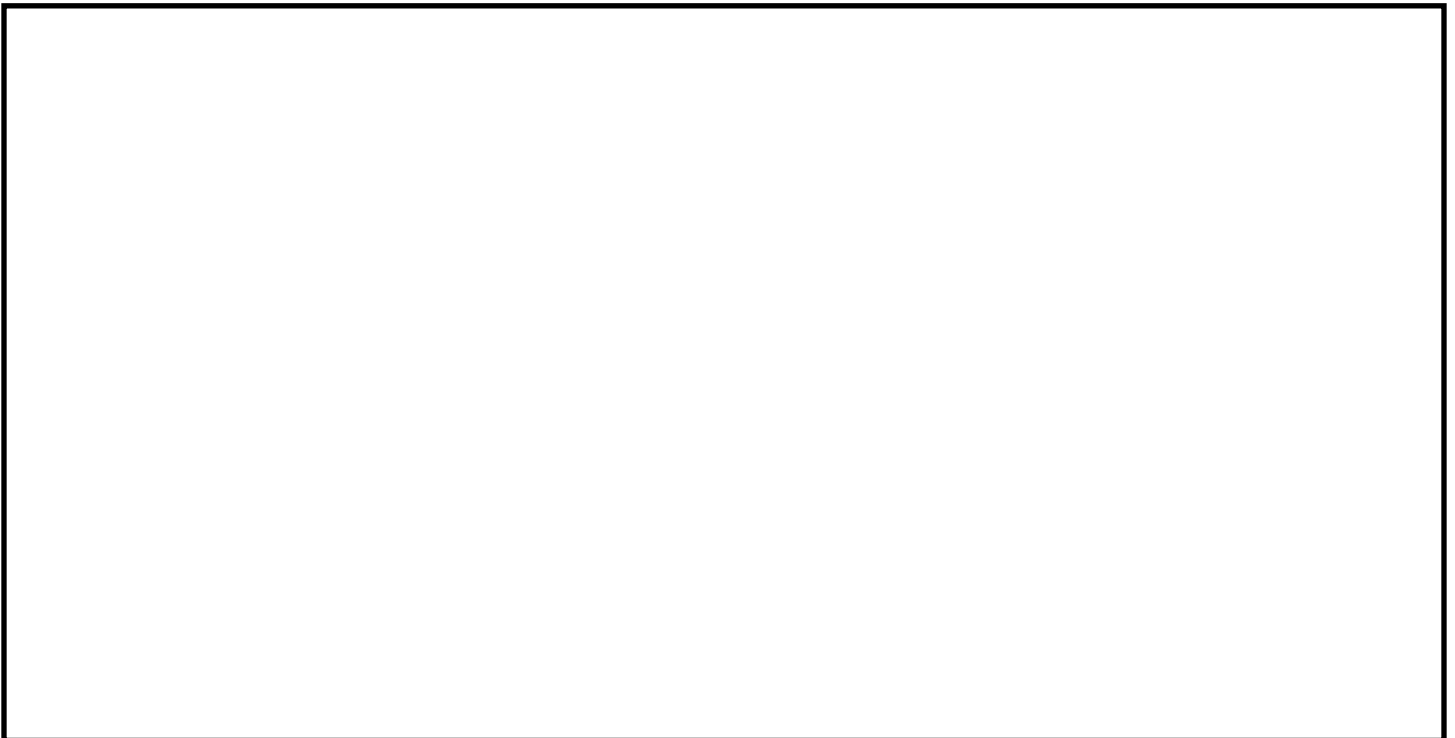
Check out the final page for information on how to submit your own poems and drawings to *Kids' Poetry Club*!

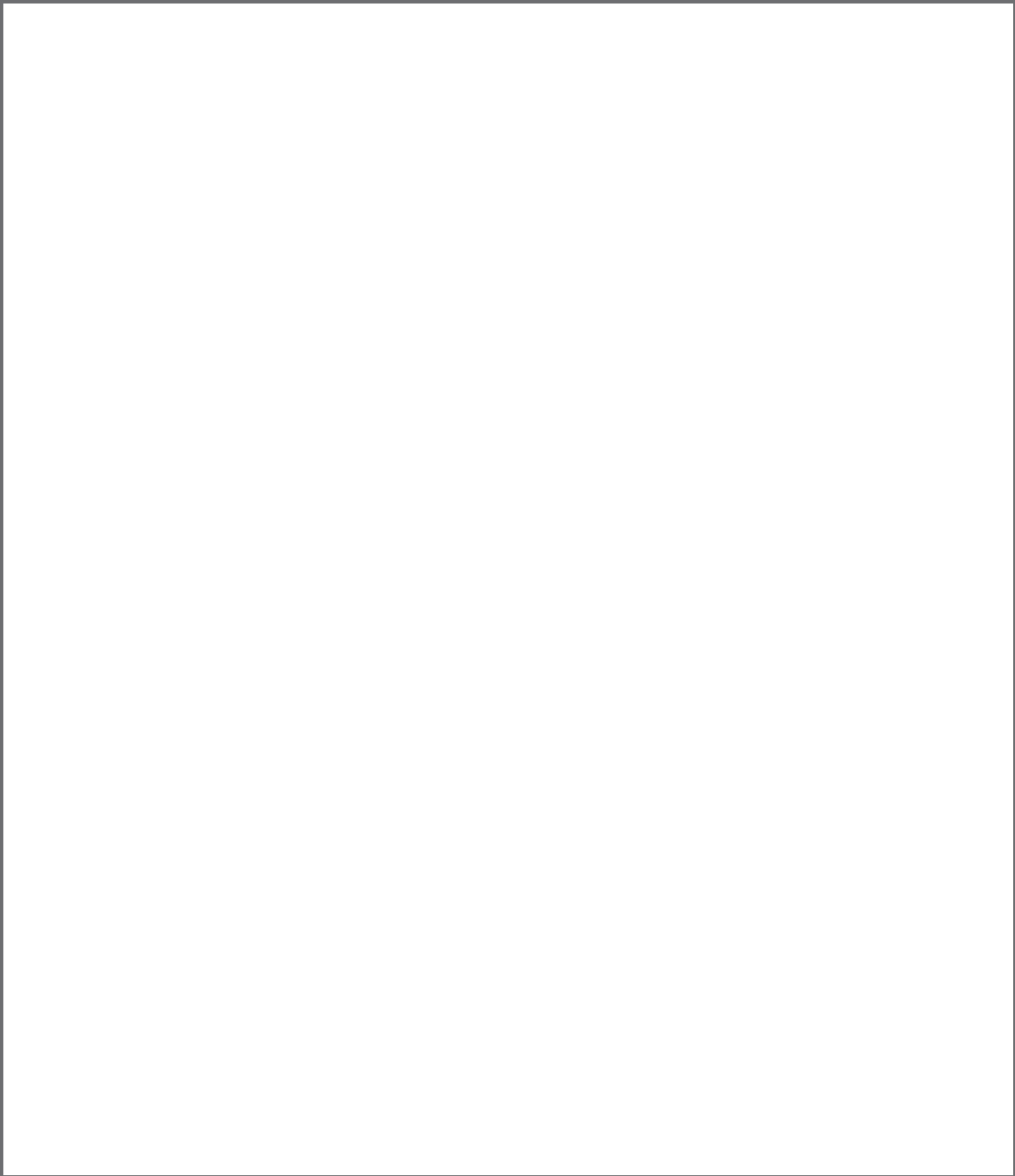
Activity 1: Exploring Allergies

In the episode, Queenie is suffering with allergies from being out in the garden. Also, Little Dazzy Donuts explains that he is allergic to many animals.

There are lots of different types of allergies, and a lot of people experience allergy symptoms. These can be caused by grasses and pollen, animals, foods (like milk, wheat, or nuts), chemicals (like soaps, sprays, cleaning products), and more. Around one third of people experience allergy symptoms.

Why not chat with your family and friends, and find out what allergies they have, and how they manage or treat those allergies? Use this page and the next to write down what you find out, then chat with a parent or guardian about what you have learned about allergies.





Activity 2: A Poem To Read



“Allergy Analogies”

Having an allergy is like...

being stuck with someone
you really don't like,
who's with you all day,
and again all the night.

You're like a runner
but not how it usually implies,
as your legs don't go running –
it's your nose and your eyes.

It's like you're one touch away
from serious harm,
and wishing for once
you could visit a farm,

without falling apart
all over the place.
It's like wherever you go
you find yourself chased,

and there's nowhere to hide
and it's easy to see
just how annoying
allergy analogies can be!

Activity 3: Drawing

In the episode, Queenie and Chicken were putting the finishing touches to Chicken's new home by installing her solar panels. Use the space below to draw a picture of Chicken's home, her garden, and the new hedge around the garden.



Activity 4: Write A Poem

The Summer Competition is on the topic of HOME. Use the space below to write a poem about your home, or a place that feels like home to you. You can then enter it into the competition by going to the Summer competition page at kidspoetryclub.com.

“My HOME Poem”



Check out www.kidspoetryclub.com for more information on the weekly podcast and to listen to past episodes.

Submit your own poems (including for the competition) and drawings using the website:
<https://www.kidspoetryclub.com/joinin>

Check out more of Dot Cherch's art and illustrations at:
<https://www.dotcherch.com>