



PodPack

Being Yourself

Season 1, Episode 18

Poems & Activities: *Little Dazzy Donuts*
Illustrations: *Dot Cherch*

April 2020

Being Yourself



Welcome to the
Kids' Poetry Club
PodPack on
**Being
Yourself!**

Every episode of *Kids' Poetry Club* comes with a free PodPack of activities based on that week's poems.

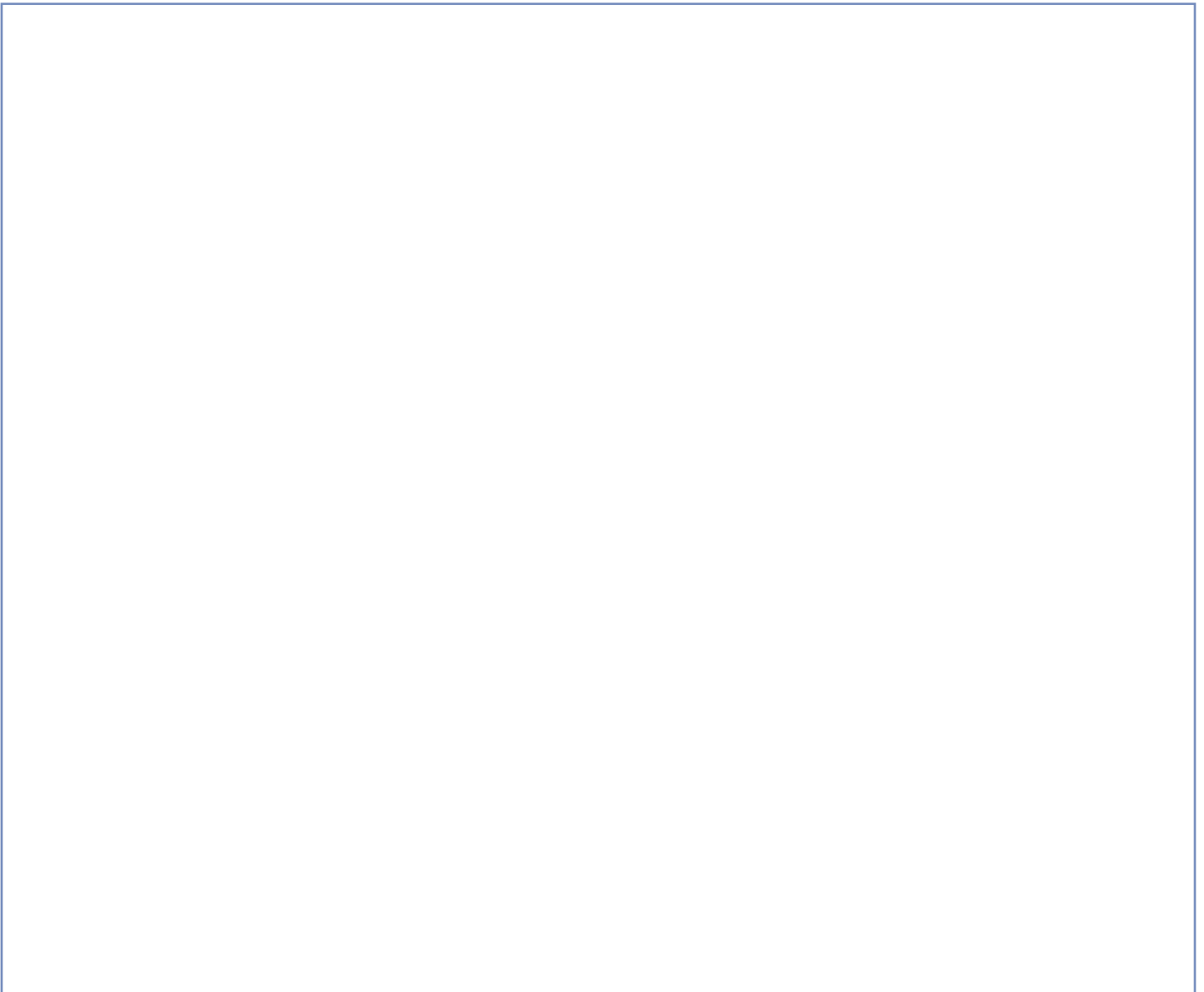
Just download it from kidspoetryclub.com, print it out, and join in the fun!

Check out the final page for information on how to submit your own poems and drawings to *Kids' Poetry Club*!

Activity 1: Being Yourself

In the episode, Donna Worry shares the saying, “**Be yourself: Everyone else is already taken.**” This is a powerful saying that can focus you on being yourself. Queenie then tells Donna that she’s going to write it in rainbow colors, and stick it to her mirror.

Use the space below to create a drawing that you can use to remind yourself of this saying each day.

A large, empty rectangular box with a thin blue border, intended for a drawing. The box is positioned below the instructions and occupies most of the lower half of the page.

Activity 2: Who You Are

In the poem, “One of a Kind,” Little Dazzy Donuts explains that each one of us is “a unique package, the only one that you’ll see, that has the exact combination, that adds up to me.” Think about what makes you who you are, and then answer the questions below.

Something I like doing _____

Something I like wearing _____

Someone I enjoy being with _____

Something I’m good at _____

A place I like going _____

Food I like eating _____

How I’m different from my friends _____

Something I need help with _____

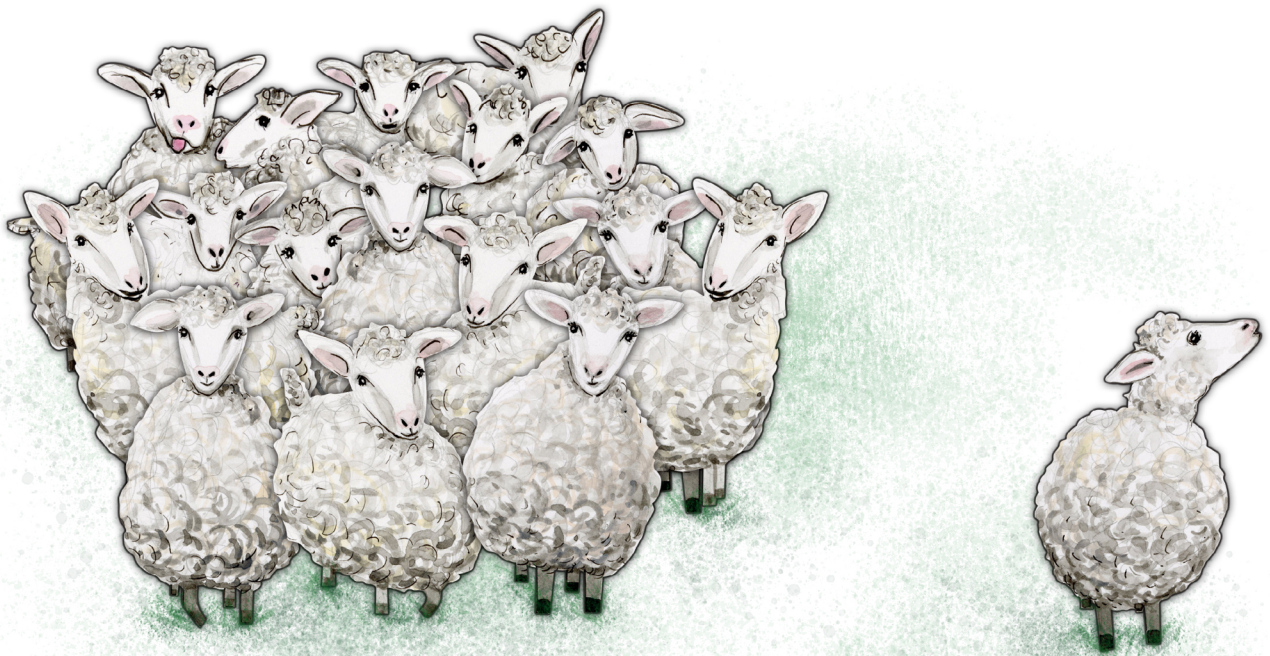
What I most like about being me _____

“Me and You”

I am me ... and you are you,
but there's only one of me,
and there are lots of you.
It seems to me to be quite true
that there's only one me,
and there's seven billion you.
So, I'm unique and special:
a one of a kind.
The only me ... in the whole humankind.

Now, if I am me ... and you are you,
I suppose it's also true
that, each of you
see yourself as a me,
which means that it's easy to also see
that this world contains seven billion me.
Each one, unique and special:
a one of a kind.
Each one, the only me... in the whole humankind.

Wow!
Now my head's spinning
from the wondrous news
that there's only one of me,
but that it's equally true
that I'm surrounded by people
that are me's, but called you.
What a wonderful world
where we all can be
a unique and special me.



Activity 4: When You're Not You

In the episode, Donna Worry praises Queenie for embracing what makes her unique, and says that it's partly because Queenie is comfortable with who she is and so doesn't feel pressure to follow the crowd just to fit in. Think about when you feel pressure to follow the crowd even if you don't want to. What is it about those situations that makes it more difficult to be yourself? Write your thoughts down below.

Activity 5: Your Helpers

In the episode, Queenie talks about being herself with Little Dazzy Donuts and also with Donna Worry. She also knows other people who are comfortable with who they are. Queenie could go to all of these people with questions any time she needs help on the topic of being herself. For example, if she feels under pressure from others to not be herself.

If you were in that position, who would you turn to for help? Write the names of your helpers below..... and then think about whether you want to chat with one of them to discuss your answers to Activity 4.

Activity 6: A Poem To Read

In the episode, Queenie says that she has been studying Robert Frost's poem, "The Road Not Taken." She also described her own hiking experience, similar to that shared by Frost, when she chose not to stay with the hiking group when they picked the main path. In case you haven't read it before, here is Frost's poem.

"The Road Not Taken" - by Robert Frost

Two roads diverged in a yellow wood,
And sorry I could not travel both
And be one traveler, long I stood
And looked down one as far as I could
To where it bent in the undergrowth;

Then took the other, as just as fair,
And having perhaps the better claim,
Because it was grassy and wanted wear;
Though as for that the passing there
Had worn them really about the same,

And both that morning equally lay
In leaves no step had trodden black.
Oh, I kept the first for another day!
Yet knowing how way leads on to way,
I doubted if I should ever come back.

I shall be telling this with a sigh
Somewhere ages and ages hence:
Two roads diverged in a wood, and I—
I took the one less traveled by,
And that has made all the difference.

Activity 7: Riddle Reminder

In the episode, Little Dazzy Donuts agrees to wait an extra week before giving the answer to Rhyming Rita’s riddle from the Surprises episode. Here’s a reminder of the riddle so that you can try to solve it.

What two words do you think solve the riddle? You can check your answer by listening to the episode of *Kids’ Poetry Club* that releases on April 20th.

“Rhyming Rita’s Riddle”

I am named for different colors,
at times where I reside
yet it may sound to you
like I have no clothes
or covers in which to hide.
Don’t confuse the two of me
for we are definitely not the same:
for I may be one by nature
and the other one by name.



Check out www.kidspoetryclub.com for more information on the weekly podcast and to listen to past episodes.

Submit your own poems (including for the competition) and drawings using the website:
<https://www.kidspoetryclub.com/joinin>

Check out more of Dot Cherch's art and illustrations at:
<https://www.dotcherch.com>